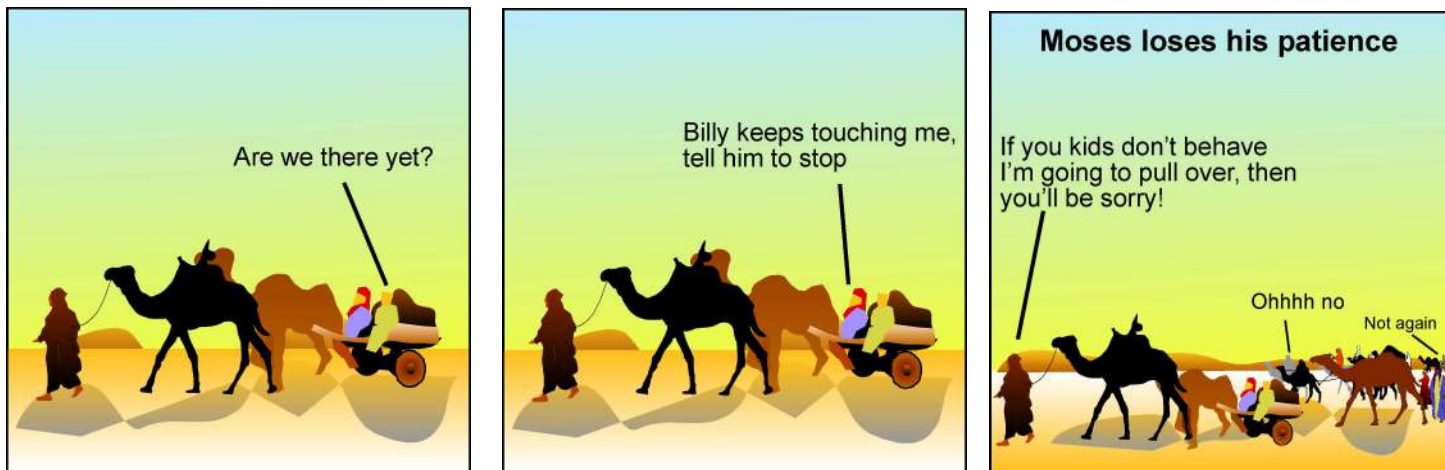


Moses Leads the Israelites

*For forty years - one year for each of the forty days you explored the land - you will suffer for your sins and know what it is like to have me against you.
Numbers 14:34*



What's your hot button? Even the most mild mannered and patient people I know have one. Your button might be pressed by someone cutting in front of you in traffic or at the grocery store. How about uninvited advice or criticism? Or maybe it's that child in the backseat. On most days we can handle the occasional irritants that place themselves in our way. On other days it seems as though people are standing in line waiting (and eager) to press our button. How do we deal with those hot button occasions? The answer is fairly simple and logical, like getting your flu shot before flu season and not waiting until you experience the first symptoms. Fill your life with the fruits of God's Spirit: Love, joy, peace, patience, longsuffering, gentleness, and self-control. When we are filled with these qualities our hot button won't be so easy to press.

